

### PHASE III – AFTERCARE SCHEDULE

Name (Please Print): \_\_\_\_\_

AC Start Date: \_\_\_\_\_ Anticipated Phase III Completion Date: \_\_\_\_\_

- 8 weeks (8 Sessions/16 Hours of Treatment)
- Mondays 5:30pm to 7:30 PM
- You are allowed two (2) absences. After your 2<sup>nd</sup> absence, you will be required to meet with a member of the clinical staff to assess continued treatment. Absences are not excused or unexcused – **ANY** absence is an absence.

INDIVIDUAL WORK	DUE DATE	PRESENT or HAND IN	DATE DUE
10 Strength's & Accomplishments	Due by <b>5<sup>th</sup></b> week	Present in Group	
30 Minute Peer Lead Discussion <b>OR</b> 2 documented self-care activities ( <b>per approval</b> )	<b>Before</b> Graduation	Present in IOP <b>OR</b> Turn In	
Graduation Speech	<b>Before</b> or <b>On</b> Graduation	Present at Graduation	
THERAPY			
(2) Individual Sessions	Bi-Monthly <b>**Continuing care plan due at last session**</b>	Schedule with Assigned Clinician	
(2) Peer Support Sessions	Bi-Monthly	Schedule with Trina, Tim, Samantha, or Kim	
Discharge Appointment	Complete <b>Before</b> Graduation	Schedule with Kim or Samantha	

- **YOU** are responsible for ensuring all requirements are complete before you can move to the next phase of the program. This includes attending individual sessions and peer support sessions. All individual work must be thoroughly completed, and you must demonstrate an appropriate level of understanding.
- You may be assigned additional and/or different individual work per counselor or peer discretion.