

PHASE I - IOP SCHEDULE

Name (Please Print): _____

IOP Start Date: _____ Anticipated Phase I Completion Date: _____

- 8 weeks (24 Sessions/72 Hours of Treatment)
- Monday, Wednesday, and Thursday's 5:30 pm to 8:30 PM
- You are allowed three (3) absences. After your 3rd absence, you will be required to meet with a member of the clinical staff to assess continued treatment. Absences are not excused or unexcused – **ANY** absence is an absence.

INDIVIDUAL WORK	DUE DATE	PRESENT or HAND IN	DATE DUE
Autobiography- Including Progression of Use History	Due by the beginning of the 4th week	Review with clinician prior to presenting in IOP	
Cost of Addiction	Due by the 5th week	Present in IOP	
Amend Letters	Due by the 6th week	Present in IOP	
THERAPY			
(4) Individual Sessions	Bi-Weekly	Schedule with Assigned Clinician	
(2) Peer Support Sessions	Monthly	Schedule with Trina, Tim, Samantha, or Kim	
Phase Change Appointment	Schedule when 75% of individual work and sessions have been completed	Schedule with Kim or Samantha	

- **YOU** are responsible for ensuring all requirements are complete before you can move to the next phase of the program. This includes attending individual sessions and peer support sessions. All individual work must be thoroughly completed, and you must demonstrate an appropriate level of understanding.
- You may be assigned additional and/or different individual work per counselor or peer discretion.